



EXEMPTION FORM FOR HUMAN DEVELOPMENT AND SEXUAL HEALTH

Exemption Form for Human Development and Sexual Health

Having reviewed the Human Development and Sexual Health expectations in the elementary Ontario Health and Physical Education curriculum for my child's grade, I would like my child to be exempted from instruction related to these expectations, without academic penalty.

During the exemption period, I would like my child to *[select one only]*:

- ☐ remain in the classroom without taking part in instructional activities related to Human Development and Sexual Health. I understand that my child's activities *unrelated* to Human Development and Sexual Health during the exemption period will be at the discretion of the teacher.
- ☐ leave the classroom and remain in the school under staff supervision. I understand that my child's activities during the exemption period will be at the discretion of the teacher or principal.
- ☐ be released into my care or the care of my approved designate.

NOTE: If one of the three options above is not selected, the principal or the principal's designate will determine where in the school the child is to remain during the exemption period.

Notice of Period of Instruction

For the 20____ - ____ school year, the period of instruction related to the Human Development and Sexual Health expectations in your child's grade will take place from _____ *[start date]* to _____ *[end date]*.

I understand and agree with the following statements:

- The Human Development and Sexual Health expectations in strand D of the health and physical education curriculum are different in every grade, so I must submit a completed exemption form every school year, for each child, in order for the child to be exempted from instruction related to Human Development and Sexual Health expectations in that school year.
- References to or conversations about sexual health-related concepts among teachers, school staff, or other students outside formal instruction in Human Development and Sexual Health are not subject to this exemption.
- My child will continue to receive instruction related to all other elementary health and physical education curriculum expectations.
- Requests for exemption made by phone, or exemption forms that do not have a parental/guardian signature, will not be accepted. Other written requests will not be accepted.

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- This exemption form must be returned by _____[*date*] for my child to be excluded from instruction related to the Human Development and Sexual Health expectations in strand D of The Ontario Curriculum: Health and Physical Education, Grades 1-8, 2019.

Please return this signed form no later than: _____ [*date*]

Child's Last Name

Child's First Name

Parent/Guardian Name (print)

Parent/Guardian Signature

Grade and Class

Date

PLEASE NOTE:

You will receive an acknowledgement from the school by _____ [*letter/email*]
by _____ [*date*].

If you do not receive an acknowledgement, please contact _____
[*contact name*].