



MEDICAL CONCUSSION CLEARANCE FORM

This form is for students who have completed all steps of the Return to Learn (RTL) Plan, and have completed up to Step 5 of the Return to Physical Activity (RTPA) Plan.

The student must be medically cleared by a medical doctor/nurse practitioner prior to moving on to full participation in non-contact physical activities and full contact practices (RTPA Step 6).

Completed form is to be filed in the student's OSR, with the Return to School form.

Student Name: _____

Date: _____

I have examined this student and confirm they are medically cleared to participate as indicated below:

- ☐ Student may resume regular physical education/intramural activities/interschool activities in non-contact sports and full training/practices for contact sports.
- ☐ Student may resume full participation in contact sports with no restrictions, including games with parent permission.

Other comments:

Medical Doctor / Nurse Practitioner:

Name: _____

Signature: _____

Date: _____

A student who has received Medical Clearance and has a recurrence of symptoms or new symptoms appear, must immediately remove themselves from play, inform their parent/guardian/teacher/coach, and return to medical doctor or nurse practitioner for Medical Clearance reassessment before returning to physical activity.